



Headaches Testimonial – Paula

My father, John, a cyclist, was seeing Lucy at Perth Integrated Health Clinic (PIHC) and he suggested to me to visit the clinic for treatment. I first came to see Lucy because my life consisted of constant headaches, Headaches 5-6 times a week was a normal week for me and I would take 6 to 8 to 10 Nurofen a day!

In a short period of time with constant visits and treatment, my life has now completely changed. I used to have to carry Nurofen in my car, in my office desk at work, in my hand bag and everyone else in the office knew that I had then so I was the go to person. The other day at work a lady came to ask me for some Nurofen and i did not have them on me!

My whole life has changed and I am so grateful to Lucy and PIHC, they have changed my life. I would thoroughly recommend anyone with the same issues to come for a visit. I am often telling everyone about the success we have achieved together and would and do wholly recommend anyone to come and see if you can be helped at PIHC. From headaches to sore backs, any part of the body that is not working properly. The treatment I have seen with my own eyes still amazes me.

Paula - 6th January 2011