



## **PROFESSIONAL PROFILE – TE AROHA POMANA**

### **CLINICAL**

Te Aroha graduated from Auckland University of Technology, New Zealand in 2008 with a Bachelor of Health Science in Podiatry. Having grown up in Christchurch, Te Aroha worked in the South Island in a multi-disciplinary sports medicine clinic in Christchurch. Te has experience in biomechanics, orthotic prescriptions, paediatrics, running/gait technique, exercise/strengthening, diabetic assessment, palliative care, toenail surgery, networking and referral processes. Te will be working within the practice with PIH Senior Podiatrist, Jill Hunter as her assisting practitioner.

Te has been involved with many different sporting events throughout the South Island such as the South Island Coast to Coast, SBS Christchurch Marathon, Christchurch City to Surf, Hagley Park 5km series, Tai Tapu 15km run. She has also had the opportunity to work closely with athletic foot wear companies such as Asics, New Balance and Adidas.

### **ROLE AT THE CLINIC**

Te Aroha will be working as the assisting practitioner to Senior Podiatrist, Jill Hunter. Te will be assessing and treating with biomechanical soft tissue treatment and manipulation. In addition she will also be conducting educational workshops and providing information on exercises and strengthening.

### **SOCIAL**

Te Aroha has always had an interest in sport and enjoys playing Touch Rugby, Netball and Snowboarding. She has represented New Zealand and Canterbury in Touch Rugby. Te Aroha has moved away from Christchurch to travel and gain further experience in Podiatry as Christchurch is in the midst of rebuilding from the recent earth quakes.