



Professional Profile Monique Blackwell

Clinical

Monique Blackwell is an Associate Occupational Therapist at Perth Integrated Health Clinic (PIHC) and is registered with the Occupational Therapist's Registration Board of Western Australia. She holds a Bachelor of Science in Occupational Therapy from Curtin University of Technology. Monique has worked previously as an Occupational Therapist in the hospital setting preparing patients for safe discharge post surgery; the community assisting the elderly and people with disabilities in functional living; and paediatrics working with children with mild disabilities and developmental delays.

Role at PIHC

Monique works between the West Perth, Melville and Cunderdin clinics, providing static hands on treatment for patients with neuromuscular symptoms, and dynamic treatment in using the Huber system. Monique is trained in using the Key Module for patient wellness and has participated in coordinating Endermotherapy interest groups for the Key Module. Monique is also trained in conducting ergonomic workplace assessments.

Professional Portfolios

Paediatrics

Monique specialises in treating children with childhood spinal muscular disorders and has been involved in conducting neuromuscular school screens. She is passionate about early intervention and preventing chronic spinal muscular conditions which include postural issues, balance and coordination issues, poor concentration, sleeping issues, bedwetting and headaches. Monique is currently investigating the influence of Huber on academic performance by incorporating her experience in developmental paediatrics and her clinical skills in neuromuscular therapy.

Lymphoedema

Monique utilises her training in Endermotherapy with the Key Module to treat people with lymphoedema and fluid retention. PIHC is the only medical clinic in Western Australia to use the Key module and is experiencing amazing results in lymphoedema treatment.

Burma Mission

Monique represented PIHC in January/February of 2006 whilst travelling to Burma with a group of other health professionals, to investigate the potential of helping improve health and health care within Burmese villages. Her time spent there was in health clinics run by a Catholic group of missionary nuns, the Sister's of St Joseph's of the Apparition. Monique found a huge demand for neuromuscular care and education amongst the patients in the villages. Monique is now involved in organising subsequent visits to achieve PIHC's mission of

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Perth Integrated Health Clinic

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improving health care within the villages by educating the nuns and villagers, encouraging other health professionals to offer their time towards the mission, and coordinating fundraising for required resources within the missionary health clinics. For more information on this mission and how to become involved, please contact Monique at Monique@pihc.com.au.

Personal

Monique grew up in the Wheatbelt where she completed her schooling, and has also spent time in Bunbury and Busselton whilst working. Monique is proud of her strong family and country upbringing and values community spirit. Monique enjoys sport and music, going to the gym, playing the guitar and the piano. She is also an active parishioner at Holy Family Catholic Church.

To contact Monique, call PIHC on 9226 1239 or email Monique@pihc.com.au

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