



PROFESSIONAL PROFILE - MARIA SZYBIAK **Senior Consultant - Physiotherapist**

CLINICAL

Maria Szybiak is a qualified physiotherapist having completed her training in 2003 at La Trobe University in Melbourne, Australia.

As a physiotherapist, Maria has been presented with many diverse opportunities.

Acute Physiotherapy -Maria has worked at some of the major metropolitan hospitals such as The Epworth and The Alfred in Melbourne working with people with head injuries, burns, cystic fibrosis, heart disease and stroke, general medical and neurological conditions and following surgery. Her time as an acute physiotherapist also lent itself to leading clinics in falls prevention, balance and for people awaiting heart and lung transplants.

Rehabilitation Physiotherapy - Maria worked across many wards at Royal Perth Hospital in Shenton Park working with multi disciplinary teams in orthopaedic inpatients and outpatients, pain clinic, hydrotherapy, spinal unit, neurological unit and also working with rehabilitation in the home.

Private Practice Physiotherapy – Primarily working with people who had back and neck injuries, Maria has worked across practices in Beechboro, Midland, Karrinyup and Perth CBD. Private practice ignited a passion for Maria in getting people back to their lives with as much function as little pain as possible in a short time frame. Maria recognised that this meant not only treating clients, but also teaching and educating clients in how the body functions and how to make it function well.

Management - Maria has recently been the leader of a rural community health centre working with over 40 staff members and supervising a range of allied health professionals including physiotherapists, occupational therapists, counsellors, nurses and dieticians. In her time as a manager, Maria worked to create supportive environments for clinicians as well as for clients to integrate care and get the best result **with** the client and not **for or to** the client.

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ROLE AT CLINIC

Maria has a passion for helping people return to work and play safely and at their optimum to enjoy a great quality of life where it counts the most.

At Perth Integrated Health Clinic, Maria works with all other members of the team primarily focusing on core stability and strength, dynamic taping for return of neuromuscular strength and function using the clinical treatment systems at PIHC.

Maria also attends state sporting events, volunteering time to give sports first aid to competitors to achieve their best.

SOCIAL

Maria enjoys (almost) all outdoor activities including camping, fishing and four-wheel driving to discover the beauty that is Australia. Making the most of the Westralian sunshine, Maria is also learning to surf.