

PROFESSIONAL PROFILE: MARIA ARORA

I am a Naturopath practitioner graduate from the Perth Academy of Natural Therapies with an Advanced Diploma in Naturopathy. I strongly believe in the power of Naturopathy as a practitioner, after experiencing severe health issues personally and subsequently recovering.

Born in Chile, I have lived in ten countries thus giving me a wide perspective of different cultures. I have lived in Australia since 1993 where I have raised my four children now aged 11 to 19. I speak fluent Portuguese, Spanish and English and am a strong advocate for life and with a belief in the power of love in healing.

Naturopathy is an alternative way of healing that uses different natural means to address health issues. My holistic approach towards healing incorporates aspects of nutrition, homeopathy and listening skills.

Our bodies function optimally with the aid of different minerals that we need to ingest. These minerals are essential for enzymatic processes and production of vitamins that affect the functioning of different body systems. Lacking one of them or having a disproportion within the synergetic ratio of two minerals is sufficient to cause a blockage that can trigger chronic situations.

In the past, having a balanced diet was enough to keep the body healthy, however because of the depletion of minerals in the soils and the increase level of toxicity due to the use of pesticides, the intake of these minerals have been reduced, thus preventing balance. Our hectic lifestyles in the modern era also overstress the body thus needing extra amount of these minerals to maintain function.

Naturopathy can assist you in the rebalancing of these important minerals enabling your bodies to function properly. By analysing different body symptoms, I can help you finding which metabolic pathways are compromised and aid you reversing the situation, consequently regaining a state of optimal health.

If you can identify with the information provided, I am in a position to assist. My consultation hours at the Perth Integrated Health Clinic (PIHC) are:

Wednesday from 200 PM to 630 PM
Alternative Saturdays from 700 AM to 1200 noon.

From beginning of November 2007 I will be also available at PIHC Melville's branch @ the Melville Aquatic Fitness Centre on Fridays from 200 PM to 630PM.

Appointments: 0431 640 328 Email: eugenia.arora@gmail.com.

Feel free to contact me if you have any further inquiries and I will be happy to assist to the best of my ability.