



**JULIAN MANCINI**  
Senior Consultant  
Occupational Therapist & Exercise Physiologist  
**Professional Profile and Services**

Julian graduated from his Masters of Occupational Therapy at Curtin University of Technology. He now works as an Occupational Therapist and Exercise Physiologist at Perth Integrated Health Clinic providing hands on treatment for neuromuscular based problems and strengthening, rehabilitation and performance enhancement with his Occupational Therapy and Exercise Physiology expertise. He is qualified in the assessment and treatment of neuromuscular based issues with a goal to improve function in individuals. Julian has a keen interest in performance enhancement amongst high level athletes and from his understanding of sport and exercise he works closely with individuals using hands on treatment to produce correct biomechanics within the body through manipulation of the soft tissue.

As an Exercise Physiologist, Julian works with many high level athletes across a range of disciplines, including cycling, swimming and basketball, to improve their performance through strength or cardiovascular program design. This performance enhancement and injury rehabilitation is not limited to high level athletes as Julian works with many diseases and issues ranging from Multiple Sclerosis, Parkinson's, Diabetes and childhood obesity. All exercise is assessed and graded for the individual.

#### Practitioner Profile

Julian Mancini completed his degree in Sports Science at Edith Cowan University in 2006 then went on to complete his Masters of Occupational Therapy at Curtin University. Julian is passionate about sport, especially basketball, which he currently plays for the Perry Lakes Hawks in the State Basketball League (SBL). He has worked with Subiaco Lions Football Club as a sports trainer with the league side.

Julian is experienced in a gym setting as a personal trainer working with clients to rehabilitate injuries, improve fitness/health and specializing in the prevention of Osteoporosis. He has also worked as an instructor for hydrotherapy classes at the Arthritis foundation.

In his spare time he enjoys playing soccer, mixed netball and previously participated in swim squad. Julian is very active and enjoys many different pursuits, including cooking which he learnt while in Italy.

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