



**Amanda Hobley**

**Senior Consultant, Naturopathy**

**Professional Profile & Services**

Amanda Hobley is a qualified Naturopath, graduating from Perth Academy of Natural Therapies with an Advanced Diploma of Applied Science (Naturopathy). Amanda's experience as a mother drives her passion to restore health and wellbeing to Women, Men and Families. Amanda has experience in treating hormonal imbalances, stress, fatigue, anxiety, mood problems, digestive complaints and children's health. Amanda is registered with all major health funds and rebates may apply depending on the level of cover.

Amanda practices at the Perth Integrated Health Clinic, offering treatment for:

- Women's Health – hormonal imbalances, PMT, dysmenorrhoea (period pain), irregular periods, menopause, peri-menopausal, thyroid balance and support, blood sugar balance, weight concerns, joint and muscle pain, fluid retention, infertility, pre-conception care, pregnancy, postpartum care and support during breast feeding for new mothers.
- Men's Health – hormonal imbalances, stress, anxiety, fatigue, joint and muscle pain, low mood, insomnia.
- Digestive System Complaints – abdominal pain, burping, IBS, inflammatory bowel conditions, bloating, constipation, diarrhoea, reflux and heartburn.
- Children's Health – fatigue, lack of concentration and focus, digestive complaints, skin conditions and immune support (frequent colds and flu).
- Immune System Support – frequent colds and flus, tonsillitis, upper and lower respiratory tract infections.

The aim of Naturopathy is to recognise imbalances within the body which are causing health problems and to use herbal medicines, nutritional supplements, homoeopathy and dietary and lifestyle recommendations to rectify these imbalances. Amanda specialises in working with each client to develop an individual program to suit their lifestyle with the aim of restoring and maintaining optimum health. Call 9226 1239 to book you and your family in for an initial consultation with Amanda.

**Corporate Health Program**

Amanda facilitates corporate iridology sessions for organisations. Iridology is the study of the iris (the coloured part of your eye) to assess the tissue conditions in the body. Iridology helps identify your level of health.

The corporate iridology sessions involve a brief iridology screening for a group of employees. This may be followed by a Naturopathic consultation, if required. Call 9226 1239 to organise your iridology screening session with Amanda.

**Corporate and Community Seminars**

Amanda also works to educate and inspire people through seminars and information sessions which she provides for corporate organisations, mothers and women's groups, hospitals and schools. These seminars cover a range of health topics, specifically targeted for each group. Recent clients include St John of God Hospital, Fremantle Women's Health Centre, Applecross Primary School, Willeton High School, and The Meeting Place. Call 9226 1239 to arrange an information session with Amanda on a range of topics.

INCORPORATING:  
•  
OCCUPATIONAL  
THERAPY  
•  
CHIROPRACTIC  
•  
PODIATRY  
•  
NATUROPATHY  
•  
HEALTH SERVICES

health

**KEY MODULE**

Endermotherapy, Endermosports and Endermomedical applications to suit your needs.



Ph: (618) 9226 1239  
Fax: (618) 9226 1259  
Email: [amanda@pihc.com.au](mailto:amanda@pihc.com.au)  
Web: [www.pihc.com.au](http://www.pihc.com.au)  
[www.ianwee.com.au](http://www.ianwee.com.au)



INCORPORATING:

•  
OCCUPATIONAL  
THERAPY

•  
PODIATRY

•  
NATUROPATHY  
& HOMEOPATHY

•  
SPEECH THERAPY

•  
COUNSELLING

•  
HEALTH SERVICES

### Practitioner Profile

Amanda Hobley is a qualified Naturopath with experience in treating a diverse range of conditions in Men, Women and Children and facilitates corporate and community health programs. Amanda is a registered member of the Australian Natural Therapies Association and the National Herbalist Association of Australia. Amanda has a caring and professional approach aiming to restore health and wellbeing. Outside of work, Amanda is a mother of two school aged children and enjoys spending time with her family, gardening, cooking, travelling, camping, cycling, gym and walking.

### Amanda's Clinic Times

|          |                  |
|----------|------------------|
| Tuesday  | 7:30am – 12:30pm |
| Thursday | 2:00pm – 6:30pm  |
| Saturday | 7:00am – 10:30am |

### Guide to Appointments

1. Call 9226 1239 to book your appointment with Amanda Hobley.
2. Follow the Programme schedule outlined. It will be best to make your appointments in advance.
3. The clinic reserves the right to charge for non attendance should the appointment be cancelled within 24 hours of its scheduled visit.
4. Be on time for your appointment. Arrive 5 minutes earlier on your initial consultation, to allow time to fill out a client information sheet.

### To make an appointment or to find out more information contact:

**Amanda Hobley or PIHC Reception**  
**Ph: (08) 9226 1239**  
**Fax: (08) 9226 1259**  
**Email: [Amanda@pihc.com.au](mailto:Amanda@pihc.com.au)**

*Perth Integrated Health Clinic  
41 Havelock St  
West Perth 6005*

health

### KEY MODULE

Endermotherapy, Endermosports and Endermomedical applications to suit your needs.

