

PIHC Bike Clues-It Event

Perth
Integrated
Health Clinic

Celebrate Bike Week 2010

Calling cyclists of all disciplines and skills!

Excellent family and friends fun day cycling in a unique bike rally.

Gather groups of between 2 to 6 people and sign up for this event NOW

Date: 28 March 2010 Sunday

Time: 7.30 am to 12 noon (family picnic)

Location: Alderbury Park at Perry Lakes



Test your navigation and skills at cryptic clues as you navigate with your family and or friends through a 40 km cycle route that will take your through the Perth metro region (mostly on bike pathways)

Have café stops, visits sights along the way and bring your camera for those memorable stops and vistas. Don't forgot to answer those questions and collect the special novelties along the way!

Excellent way to herald in Autumn while at the same time exercise, keep fit and experience the excellent bike pathways around Perth.

Starting and ending at Perry Lakes with food and drinks stalls for all. Organise a picnic with your family and friends at the end of the Event

Novelty and team oriented prizes for this event. This is NOT a race!

Nominate a team leader for your team and sign up at: www.pihc.com.au/clues

Sign up via email contact: ianwee@pihc.com.au or mikea@inet.net.au for link to Register Now

Further information: www.pihc.com.au/clues

www.pihc.com.au/cycling

